

Evidencing the Impact of the Primary PE & Sport Premium at Waltham St Lawrence Primary School



Vision and Aims for PE

At Waltham St Lawrence Primary School, we share The Department for Education's Vision for the Primary PE and Sport Premium:

*ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.*

Intent

At Waltham St Lawrence Primary School, we believe Physical Education (PE) is an essential part of our curriculum. We believe that PE inspires all pupils to successfully participate and excel in physically demanding activities and helps them to become more confident with their physical health, mental health and fitness. Therefore, our children should be physically active every day, through PE lessons, The Daily Mile, break-times, lunchtimes and extra-curricular activities. We also believe that children should have the opportunity to compete in sport and other activities that build character and help to embed values including teamwork, fairness and respect.

Implementation

At Waltham St. Lawrence Primary School, we strongly believe that all children should have access to a thoroughly planned, progressive physical education programme, which places a real emphasis on developing a wide range of physical competences, while encouraging healthy competition and teamwork. Our teachers strive to equip all children with the necessary skills, knowledge and range of physical experiences to motivate them to lead lifelong active, healthy lifestyles in which they continue their participation in physical activity and sport.

Our physical education curriculum is carefully planned to include a range of indoor and outdoor based lessons throughout the year and provides a varied and progressive learning programme. All children will receive at least two hours of engaging, high quality and enjoyable physical education lessons per week, as well as taking part in at least half an hour of physical activities per day. Appropriate provision is in place to support a range of learning needs and abilities and ensure positive outcomes for all children.



Evidencing the Impact of the Primary PE & Sport Premium – 2025-26

To achieve **self-sustaining** improvement in the quality of PE and sport in primary schools, it is important to emphasise that the focus of spending must lead to long lasting impact against the vision (above) that will live on well beyond the Primary PE and Sport Premium funding.

It is expected that Waltham St Lawrence Primary School will see an improvement against the following 5 key indicators from DfE:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Our school has signed up to a Service Level Agreement (SLA) with Ascot and Maidenhead School Sport Partnership (AMSSP); the information below outlines what we have achieved through the services we receive from the Partnership and how this contributes to PE and sport improvements in the 5 key areas of the Primary PE and Sport Premium.

The Department for Education (DfE) states, 'All children and young people should live healthy active lives'. The UK Chief Medical Officers recommend that all children and young people should take part in moderate-to-vigorous intensity physical activity (MVPA) for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day; and The Childhood Obesity Plan states that at least 30 minutes of daily activity should take place in schools.

It is important schools are supporting children and young people to achieve this aim. This is particularly true of primary schools where the foundations of positive and enjoyable participation in regular physical activity are embedded. The DfE wants all children to have equal access to high-quality PE provision and opportunities to experience and participate in a wide range of sports and physical activities. Schools should aim to provide high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extra-curricular sport and competitive opportunities. By providing this it can help improve children's health and wellbeing, personal development as well as academic attainment.

Schools should use the PE and sport premium funding to support children to meet 60 active minutes and achieve the above aims. The funding must not be used for core-type school activities. Schools should use it to:

- make additional and sustainable improvements to the PE, sport and physical activity they provide
- provide or improve equal access to sport for boys and girls
- ensure teachers have the relevant skills and knowledge to confidently teach PE in a structured way, prioritising continued professional development (CPD) and training where needed.

It is important that schools make the most effective use of the premium. To achieve this, schools should focus on making improvements in 5 keys areas:

- Increase all staff's confidence, knowledge and skills in teaching PE and sporting activities
- Increase all pupils' engagement in regular physical activity and sporting activities
- Raise the profile of PE and sport across the school, to support whole school improvement
- Offer a broader and more equal experience of a range of sports and physical activities to all pupils, and ensure equal access to sport for boys and girls
- Increase participation in competitive sport

Any use of the PE and sport premium must be in accordance with the terms outlined in the DfE's conditions of grant document (see weblink below). This means schools must use the PE and sport premium to:

- * Build capacity and capability in the school, ensuring improvements to the quality of PE, sport and physical activity provision are sustainable and will benefit pupils joining the school in future.
- * Develop or add to the PE, sport and physical activity that the school provides.

Impact and Evidence:	Areas for further improvement and baseline evidence of need:
Key Area 1: Increase all staff's confidence, knowledge and skills in teaching PE and sporting activities The School Sport Partnership aims to work with schools to provide CPD support to all staff. The School Sport Partnership's Continuing Professional Development (CPD) Programme runs across the academic year, the content is put together following feedback from staff with courses designed to support staff in teaching PE, sport and physical activity. A face-to-face and virtual CPD Programme was provided this year, following feedback from staff about the benefits and increased accessibility of virtual CPD. The courses ranged from Netball Umpiring, KS2 Quidditch CPD, Inclusion in PE, School Games Mark Workshops, KS1 Active Stars Workshops, 2026 Dance Festival - Exploring Themes and Ideas for KS1 and KS2; KS2 First Pitch Baseball, School Bowls Project - Bowls Buddies Practical Taster Session CPD to Primary Inclusive Dance Course. The Partnership's Specialist Dance Teacher delivered the Dance Curriculum Support Programme working with teachers to develop their teaching of Dance and to further develop their confidence, knowledge and skills in teaching Dance. The Partnership's Curriculum Support Coaching Programme provided school staff with the opportunity to observe professional sports coaches in existing and new sports and activities, including the new Schools Bowls Project, to increase their confidence, knowledge and skills. The PE Network Meetings include a different 'sharing best practice in PE' focus each meeting (one meeting per term) including a focus on the Digital Reporting Form, supporting resources for the PE curriculum including schemes of work and digital platforms, inclusion and sharing how to target the least engaged. The Berkshire PE Conference provided a whole day of CPD where headteachers, PE subject leaders and teachers could choose their areas of focus, aligned with national government agendas for primary and special schools, and these included Planning for the Inclusion of Children with Autism, Girls Engagement, Engaging Seldom Heard Voices, Physical Literacy Toolkit, Dressed to Move and Active Travel. The School Centred Initial Teacher Training (SCITT) programme included a two day PE training course which included a focus on PE Health and Safety, PE National Curriculum, Inclusion in PE, Teaching Dance for KS1 and KS2, Teaching Gymnastics for KS1 and KS2 and observations of PE Practitioners in action. <u>In addition to above, specific to Waltham St. Lawrence Primary School</u> • Adaption of Twinkl PE units to ensure progression and Curriculum coverage • Eliza Bennet attendance at Subject Leader network meetings and subsequent dissemination of good practice to all staff (Termly) • Three teacher/s trained and attended the following virtual/face-to-face PE courses: 2026 Dance Festival - Exploring Themes	Key Area 1 All staff to become more confident when teaching gymnastics. (Curriculum content, progression and support for SEND)

• and Ideas for KS1 and KS2; and KS1 Active Stars Workshop. • Four teacher/s received support from a Specialist Dance Teacher to develop their dance knowledge and experience via the Dance Curriculum Support Programme. • Five teacher/s received support from a Specialist Sports Coach to develop their PE and sport knowledge and experience via the Curriculum Support Coaching Programme.	
Key Area 2: Increase all pupils' engagement in regular physical activity and sporting activities. (Note: The Chief Medical Officers' guidelines recommend that all children and young people aged 5 to 18 years take part in moderate-to-vigorous intensity physical activity (MVPA) for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day; and as set out in the Childhood Obesity Plan, at least 30 minutes should take place in schools.) The School Sport Partnership provides access to a range of different activities for children and young people throughout the year enabling schools to select different pupils for different activities, as well as opportunities to take part in the Curriculum Support Coaching Programme and Dance Curriculum Support Programme. There is a strong emphasis on participation and the introduction of and embedding of initiatives, where whole school participation is encouraged to achieve maximum levels of participation on a regular basis, e.g. Berkshire School Games, National Fitness Day and Time to Focus virtual physical activities, Daily Mile/Active Mile. Whole classes created dances for the Primary Dance Festival, as well as class size entries to the termly Active 60 Festivals with a focus on participation. Completing a KS1 Active Stars Award application and/or a School Games Mark Award application supported the school with their focus on participation. The School Sport Partnership works with schools to establish, extend or fund attendance of sports clubs and activities and holiday clubs, or broadening the variety offered; or support to raise the attainment in primary school swimming. There is a Competition and Event Calendar with some events held on a very competitive basis, including County Level 3 Badged Events, and others requiring schools to target the less active or focus more on active participation rather than ability. Coaching sessions and events have provided targeted activities or support to involve and encourage the least active children. The new Schools Bowls Project this year introduced a new activity for pupils to take part in. The Partnership has worked with schools to adopt the Active Mile initiative and also supported schools to set up sessions which encourage active play at break times and lunchtimes through sports leadership training. The National Fitness Day and Time to Focus virtual physical activities have enabled whole school participation for 10 minutes @ 10am via an online physical activity programme. The Primary Leadership Programme has provided leadership training for children and young people, who in turn have been provided with leadership opportunities at their school and at School Sport Partnership events to inspire others to take part in physical activity sessions. Sharing best practice of ways to engage all pupils in regular physical activity is a focus at each termly Partnership wide PE Network meeting. <u>In addition to above, specific to Waltham St. Lawrence Primary School</u> • 100 pupils took part in Virtual Fitness Activities (National Fitness Day - September 2025). • 150 pupils took part in Virtual Fitness Activities (Time to Focus - 10 minutes at 10am - January 2026) • "Make-a-mile" every day • Purchase of new PE / Playground equipment (Basketball hoop / throwing and catching equipment / skipping ropes) • Adoption of "OPAL" style lunchtime activities to ensure participation for all. • Swimming curriculum embedded through ongoing provision for Y2 children • Balanceability for EYFS • Bikeability for Year 4 – Level 1 • Bikeability for Year 6 – Level 2 and 3	Key Area 2 Diversify the lunchtime activities to ensure a range on a rota. Ensure activities are focussed on different levels of health and fitness

Key Area 3: Raise the profile of PE and sport across the school, to support whole school improvement Our school is committed to raising the profile of PE and sport, and through working with the School Sport Partnership and accessing the PE, school sport and physical activity initiatives and programmes, a broad and balanced curriculum is delivered engaging our children and young people. Our school has worked with the School Sport Partnership, by attending PE Network Meetings, attending Continuing Professional Development (CPD) training opportunities, attending the Berkshire PE Conference, taking part in competitive activities in school and against other schools, taking part in participation focused events, as part of the criteria towards the School Games Mark Award. This Award has a robust framework for high quality PE, school sport and physical activity and participation for children and young people, a positive experience for children and young people which includes the 60 active minutes agenda and the development of physical literacy, that is recognised by Ofsted. The KS1 Active Stars Award recognises high quality PE, school sport and physical activity as well as participation levels and competitive opportunities for pupils. Our school is kept up to date with national and local initiatives in PE, school sport and physical activity, i.e. by attending the School Sport Partnership's PE Network Meetings as well as national/regional webinars offered by the Association for Physical Education (AfPE) and the Active Partnership (AP) 'Get Berkshire Active' (GBA). The Berkshire PE Conference focused on areas aligned with national government agendas for primary and special schools, including Planning for the Inclusion of Children with Autism, Girls Engagement, Engaging Seldom Heard Voices, Physical Literacy Toolkit, Dressed to Move and Active Travel. The School Sport Partnership is represented on an annual basis at the Borough's Education Leadership Forum (ELF) to help raise awareness and there is strong advocacy from representative Head Teachers who sit on the Partnership's Strategic Management Steering Group. Annual Primary PE and Sport Premium Funding action plan detailing spend and impact is displayed on our school website. Our School Sport Partnership plaque is displayed in school as a symbol of our commitment to supporting high quality PE and school sport provision, and working with others to achieve impact for our children and young people.	Key Area 3 Achievement of School Sports Mark Bronze award
<u>In addition to above, specific to Waltham St. Lawrence Primary School</u> • Application Submitted for KS1 Active Stars Award. • Bronze level achieved for Key Stage 1 Active Stars Award. • Application Submitted for School Games Mark Award (national accreditation) (up to 9 July 2026. Deadline for applications is 31 July 2026). • Bronze level achieved for School Games Mark Award (national accreditation) (Final information available after 31 July 2025). • 2 School Sport Partnership PE Network Meetings attended this year. • Sport for All fitness circuits • Celebration of achievements in PE outside school in whole school assembly e.g. Horse Riding, Gymnastics.	
Key Area 4: Offer a broader and more equal experience of a range of sports and physical activities to all pupils, and ensure equal access to sport for boys and girls The National Fitness Day and the Time to Focus virtual physical activities raised awareness of the importance of regular physical activity and offered whole school engagement in physical activity for 10 minutes at 10am (pupils followed an online physical activity programme which was delivered to the whole school and gave everyone opportunities to be active). The termly Active 60 Festivals provided opportunities for whole classes to participate in a range of physical activities for children to achieve 60 active minutes. Primary New Age Kurling and Boccia was offered through Panathlon and our Invictus festivals to children and young people with Special Educational Needs and Disabilities (SEND) giving opportunities to pupils aged 5-11 years to learn and take part in a new sport. Children and young people were offered a range of sports and activities, from traditional to alternative sports, to take part in through the School Sport Partnership's Coaching Programme during half term blocks of coaching sessions delivered in school. Schools had the opportunity to personalise their choice of coaching/teaching activity by choosing traditional PE curriculum activities, such as Games and Athletics, to reinforce the curriculum or by selecting more alternative style activities to broaden the curriculum, e.g. Foot Golf, Pillo Polo, Archery, Team Gymnastics. The Dance Curriculum Support Programme has run across the year offering schools specialist dance teaching to whole classes across half a term (6 weeks), where schools link dance themes to cross-curricular topics. The Primary Dance Festival provided an opportunity for whole classes to work together over a number of weeks to create a dance to	Key Area 4 Updated audit of ALL KS2 children to be carried out to ascertain participation in sport inside and outside school.

perform at a local theatre in front of an audience of over 400 people. Girls have been targeted through the #LetGirlsPlay Year 4/5 Girls Football event, with over 70 girls signed up to compete at the event, as part of the national campaign to encourage more girls to play football; plus the Year 5/6 Girls Dynamos Cricket Competition, with 120 girls signed up to compete, has prepared girls for high quality competition, however, no attendance data this year due to the extreme weather conditions. The new Schools Bowls Project enabled over 350 pupils across the School Sport Partnership to participate and learn a new activity.	
<u>In addition to above, specific to Waltham St. Lawrence Primary School</u> • 64 children and young people took part in a Coaching Programme with a Specialist Sports Coach. • 84 children and young people took part in Dance lessons with a Specialist Dance Teacher. • 26 children and young people practiced and performed a dance routine to over 400 people at the School Sport Partnership's Annual Primary Dance Festival. • Wide range of after school sports clubs e.g. Multi-sports / Hockey / Football / Badminton / Dance / Rugby / Rounders / Cricket / Tennis) • Cricket specialist to teach Year 5/6 children (after school club) • PE Specialist – Nathan Baker provided specialist teaching. • OAA and wider PE skills provided for through Y5 / Y6 Residential Visit	
Key Area 5: Increase participation in competitive sport Children and young people participated in a range of competitive sports and festivals, as part of the Annual Competition and Event Calendar organised by the School Sport Partnership, with further opportunities to compete in the Berkshire Level 3 County Badged Events and the Berkshire School Games, as well as linking to local sports clubs. The Annual Competition and Event Calendar included the following events - The Big KS1 Active 60 Festivals (class size entries - Autumn Term), Year 1/2 All Stars Cricket Skills Festivals, Year 3/4 Fliers Netball Festival, KS2 Try It Festivals, Year 3/4 Sportshall Athletics, Year 5/6 Sportshall Athletics, KS2 Invictus Festivals, Year 3/4 Speed Stacking Festivals, Year 5/6 Mini Basketball Festival, KS2 Panathlon Festival (SEND pupils), The Big Active 60 Festivals (Spring Term), Year 2/3 Little Musketeers Fencing Festival, Year 4/5 Little Musketeers Fencing Festival, KS2 Quidditch Festival, Year 3/4 Golfway Skills Festival, Year 4-6 Bowls Buddies Festivals, Year 3/4 Dynamos Cricket Skills Festivals, Year 5/6 Quadkids Athletics, Year 3/4 Tennis Skills (Red Ball) Festival, Year 3/4 Foot Golf Festivals and Year 5/6 Super 6s Touch Rugby Festival. County Level 3 Competitions (Badged Events) included Primary Panathlon, Year 3/4 Sportshall Athletics, Year 5/6 Sportshall Athletics, Year 5/6 Girls Dynamos Cricket, Year 5/6 Miniballers Basketball and Year 5/6 Open Dynamo Cricket. To reflect the targeted approach to increasing participation profiles in schools, a selection of Berkshire School Games events have moved to local invitation as a selection criteria to focus on targeted groups. The Berkshire School Games events included Quadkids Athletics, Boccia, Change 4 Life, Cricket, Fencing, Foot Golf, Golf, KS2 Invictus, New Age Kurling, Touch Rugby, Speed Stacking, SEND Swimming and Tennis. <u>In addition to above, specific to Waltham St. Lawrence Primary School</u> • 54 children and young people took part in School Sport Partnership Competitions and Festivals (including Badged Events and Berkshire School Games). • 12 children and young people took part in the Berkshire School Games. • Participation in RBWM events – Dance Festival • Participation in Boys and Girls inter-school football matches • Inclusive Whole School Sports Day Event	Key Area 5 To increase Intra-School House Sports competitions

Meeting National Curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	90%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	90%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	90%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements.	Yes/ No

Primary PE & Sport Premium Budget Allocation – 2025-2026

Academic Year: 2025/26 Date Updated: 24/07/26	Total fund allocated: £17,270	Actual Spend: 17,270	Total allocation:
Key Area 1: Increase all staff's confidence, knowledge and skills in teaching PE and sporting activities			£3950
Key Area 2: Increase all pupils' engagement in regular physical activity and sporting activities. (Note: The Chief Medical Officers' guidelines recommend that all children and young people aged 5 to 18 years take part in moderate-to-vigorous intensity physical activity (MVPA) for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day; and as set out in the Childhood Obesity Plan, at least 30 minutes should take place in schools.)			£3500
Key Area 3: Raise the profile of PE and sport across the school, to support whole school improvement			£2820
Key Area 4: Offer a broader and more equal experience of a range of sports and physical activities to all pupils, and ensure equal access to sport for boys and girls			£2800
Key Area 5: Increase participation in competitive sport			£4200
Overall Total Spend			£17,270