



Waltham St Lawrence Primary School Curriculum Overview

Physical Education (PE)



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	See Foundation Stage Framework					
Year 1	Sending and Receiving (Tag Rugby) Indoor Athletics (uSports)	Sending and Receiving (Netball) Sending and Receiving – Tag Rugby (uSports)	Balance (Gym) Ball Skills (uSports)	OAA Multi-skills (uSports)	Athletics Athletics (uSports)	Striking and Fielding (Cricket) Striking and Fielding – Cricket (uSports)
Year 2	Dance Indoor Athletics (uSports)	Sending and Receiving (Tag Rugby) Sending and Receiving – Tag Rugby (uSports)	Balance (Gym) Ball Skills (uSports)	OAA Sending and Receiving (Netball) Multi-skills (uSports)	Swimming Athletics (uSports)	Swimming Striking and Fielding – Cricket (uSports)
Year 3	Tag Rugby (uSports) Gymnastics (LCP)	Netball (uSports) Dance (My Brain)	Hockey (uSports) Classic Dance	Football (uSports) Dance	Athletics (uSports)	Rounders (uSports) Dance / Athletics
Year 4	Tag Rugby (uSports) Gymnastics – Balance and Flight	Netball (uSports) Dance Festival	Hockey (uSports) Dance	Football (uSports) Gymnastics (Movement)	Athletics (uSports) Rounders / Cricket	Rounders (uSports) Athletics
Year 5	Tag Rugby (uSports) Gymnastics – Balance and Flight	Netball (uSports) Dance Festivals	Hockey (uSports) Dance	Football (uSports) Gymnastics (Movement)	Athletics (uSports) Rounders / Cricket	Rounders (uSports) Athletics
Year 6	Real PE – Unit 1 Cognitive Skills Gymnastics 5	Real PE – Unit 2 Creative Skills Dance - Diwali	Real PE – Unit 3 Social Skills Gymnastics 6	Real PE – Unit 4 Applying Physical Skills Dance - River	Real PE – Unit 5 Health and Fitness Athletics	Rounders Athletics

NB: On occasion, Class Teachers may choose to move topics to fit with class activities. Please refer to Termly Curriculum Overview each term.