

# Evidencing the Impact of the Primary PE & Sport Premium at Waltham St Lawrence Primary School



## Vision and Aims for PE

At Waltham St Lawrence Primary School, we share The Department for Education's Vision for the Primary PE and Sport Premium:

*ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.*

### Intent

At Waltham St Lawrence Primary School, we believe Physical Education (PE) is an essential part of our curriculum. We believe that PE inspires all pupils to successfully participate and excel in physically demanding activities and helps them to become more confident with their physical health, mental health and fitness. Therefore, our children should be physically active every day, through PE lessons, The Daily Mile, break-times, lunchtimes and extra-curricular activities. We also believe that children should have the opportunity to compete in sport and other activities that build character and help to embed values including teamwork, fairness and respect.

### Implementation

At Waltham St. Lawrence Primary School, we strongly believe that all children should have access to a thoroughly planned, progressive physical education programme, which places a real emphasis on developing a wide range of physical competences, while encouraging healthy competition and teamwork. Our teachers strive to equip all children with the necessary skills, knowledge and range of physical experiences to motivate them to lead lifelong active, healthy lifestyles in which they continue their participation in physical activity and sport.

Our physical education curriculum is carefully planned to include a range of indoor and outdoor based lessons throughout the year and provides a varied and progressive learning programme. All children will receive at least two hours of engaging, high quality and enjoyable physical education lessons per week, as well as taking part in at least half an hour of physical activities per day. Appropriate provision is in place to support a range of learning needs and abilities and ensure positive outcomes for all children.



## Evidencing the Impact of the Primary PE & Sport Premium – 2021-22

To achieve **self-sustaining** improvement in the quality of PE and sport in primary schools, it is important to emphasise that the focus of spending must lead to long lasting impact against the vision (above) that will live on well beyond the Primary PE and Sport Premium funding.

It is expected that Waltham St Lawrence Primary School will see an improvement against the following 5 key indicators from DfE:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Impact and Evidence:	Areas for further improvement and baseline evidence of need:
<p><b>Key indicator 1 (KI1):</b>  <b>The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school</b></p> <ul style="list-style-type: none"> <li>• ALL children participating in “Make a Mile” daily – New markings in the playing field to ensure correct distances are jogged each day</li> <li>• Key guidance / information sent to all parents regarding fitness</li> <li>• Health and Fitness workshop for all children</li> <li>• Lunch Leader targeting children NOT exercising on the playground (2x weekly)</li> <li>• Children are Playground Leaders to ensure that all classes have a range of age-appropriate activities every day</li> <li>• Outdoor learning area for EYFS upgraded to encourage active physical learning</li> <li>• Bikeability – Training for Year 6. Bike rack installed to encourage local children to cycle to school</li> <li>• A range of sports equipment purchased for the playground and field - Encouraging children to “have a go” at different activities.</li> </ul>	<p>KI1 – Continue to identify and target children not achieving 30 minutes daily exercise in school.</p> <p>KI1 - Introduction of morning activity sessions as children arrive at school. (8.30 - 8.40) - Twice weekly – To be targeted at specific children.</p> <p>KI1 – EYFS support – Bicycles / Tricycles provided to encourage physical development.</p>
<p><b>Key indicator 2 (KI2):</b>  <b>The profile of PESSPA being raised across the school as a tool for whole school improvement</b></p> <ul style="list-style-type: none"> <li>• Link between physical and mental well-being (Growth Mindset)</li> <li>• Participation in “Sports for School” event to inspire children in terms of life goals and aims.</li> </ul>	<p>KI2 – Continue to raise profile of PE across school as a whole.</p>

<ul style="list-style-type: none"> <li>• Participation in Commonwealth Games Baton Relay</li> <li>• Participation in Dance Festival</li> <li>• Louise Sugden (Para-Olympian), Ben Fox (Para-Basketball player), Frederick Afrifa - (Junior Gold Medallist) - Visited school to give inspirational speeches to the children about their life experiences</li> </ul>	
<p><b>Key indicator 3 (KI3):</b>  <b>Increased confidence, knowledge and skills of all staff in teaching PE and sport</b></p> <ul style="list-style-type: none"> <li>• Dance at KS1 and KS2</li> <li>• Dissemination of good practice by PE specialist coach</li> <li>• Dissemination of good practice by Dance specialist coach</li> <li>• “Exploring themes for Dance Festival” Training</li> </ul>	<p>KI3- All staff will teach PE sessions for their class. This may involve some training for staff, particularly in Dance and Gymnastics.</p> <ul style="list-style-type: none"> <li>- Planning offers wider coverage of the PE curriculum and clear progression between year groups.</li> <li>- Staff receive professional coaching to improve subject knowledge</li> </ul> <p>KI3 - Greater focus on assessment and progress within different aspects of PE.</p>
<p><b>Key indicator (KI4):</b>  <b>Broader experience of a range of sports and activities offered to all pupils</b></p> <ul style="list-style-type: none"> <li>• Lunch Leader providing a range of sports and activities suitable for all children (2x weekly)</li> <li>• Participation in RBWM Dance Festival</li> <li>• Audit of PE Equipment – Order new equipment for lunchtime activities and whole school curriculum PE.</li> <li>• Audit of ALL KS2 children carried out to ascertain participation in sport inside and outside school.</li> <li>• Participation in Commonwealth Games Baton Relay</li> <li>• Participation in Health and Fitness workshops</li> <li>• A range of targeted clubs provided within school e.g. Multi-skills, football, tennis, badminton, athletics, rounders, hockey, gymnastics, Dance and Fitness</li> </ul>	<p>KI4- Further increase participation in inter / intra school sports events.</p>
<p><b>Key indicator 5 (KI5):</b>  <b>Increased participation in competitive sport</b></p> <ul style="list-style-type: none"> <li>• Football – A and B teams</li> <li>• Football – Girls Team</li> <li>• Sports Day – Inter house competition</li> </ul>	<p>KI5 - Allocate further funding to release staff to accompany &amp; liaise with Sports specialist and event calendar to attend as many events as is possible.</p>

<b>Meeting National Curriculum requirements for swimming and water safety</b>	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.	90%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	90%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	90%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity <b>over and above</b> the national curriculum requirements.	Yes/ <b>No</b>

### Primary PE & Sport Premium Budget Allocation – 2021-2022

<b>Academic Year:</b> 2021/22	<b>Date Updated:</b> 25/07/22	<b>Total fund allocated:</b> £17,500	<b>Actual Spend:</b> £17,500	Total allocation:
<b>Key indicator 1:</b>	The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school			£4500
<b>Key indicator 2:</b>	The profile of PESSPA being raised across the school as a tool for whole school improvement			£4000
<b>Key indicator 3:</b>	Increased confidence, knowledge and skills of all staff in teaching PE and sport			£2000
<b>Key indicator 4:</b>	Broader experience of a range of sports and activities offered to all pupils			£5000
<b>Key indicator 5:</b>	Increased participation in competitive sport			£2000
<b>Overall Total Spend</b>				£17,500 (Approx.)